

CURRICULUM VITAE

Adrian J. Blow, PhD, LMFT

Office:

3B Human Ecology
Michigan State University
East Lansing, MI 48824
(517) 432-7092
(517) 432-2953 (FAX)
blowa@msu.edu (work)

Home:

1824 Penobscot Drive
Okemos, MI 48864
(517) 507-5953
blowaj@gmail.com (personal)

EDUCATION

Ph.D.
1995 to 1999

Purdue University
Marriage and Family Therapy

Advisor
Douglas H. Sprenkle, Ph.D.

Dissertation
Common Factors Across Theories of Marriage and Family Therapy:
A Modified Delphi Study

M.A.
1993 to 1995

Abilene Christian University
Marriage and Family Therapy

B.A.
1986 to 1992

University of South Africa
Psychology and Biblical Studies

ACADEMIC EXPERIENCE

Michigan State University

8/2011 to present Associate Professor, Couple and Family Therapy
Department of Human Development and Family Studies
Tenure Track Position is .75 FTE HDFS and .25 FTE MSU
AgBioResearch (formerly Michigan Agricultural Experiment
Station).

1/1/2012 to 4/1/2012 Interim Clinic Director, Couple and Family Therapy Clinic

5/2011 to present Program Director, Couple and Family Therapy Program

8/2005 to 7/2011 Assistant Professor, Couple and Family Therapy
Department of Human Development and Family Studies

2008 to Present Core Faculty Member, Center for Gender in Global Context

2006 to Present Core Faculty Member, African Studies Center
2006 to Present Core Faculty Member, International Neurologic and Psychiatric
Epidemiology Program (INPEP)

Saint Louis University

1/2005 to 7/2005 Chair, Department of Counseling and Family Therapy
2004 to 2005 Associate Professor, Department of Counseling and Family Therapy
1999 to 2004 Assistant Professor, Department of Counseling and Family Therapy

Purdue University

1996 to 1998 Research Assistant, Department of Child Development & Family Studies
1997 to 1998 Teaching Assistant, Department of Child Development & Family Studies
1995 to 1996 Administrative Assistant, Department of Child Development and Family
Studies

PUBLICATIONS

REFEREED JOURNAL ARTICLES (38 total)

Legend: **IF** = ISI journal citation reports five year impact factor
*** = graduate student/former graduate student.

***Froyen, L. C., Skibbe, L. E., Bowles, R. P., Blow, A. J., & Gerde H. K. (in press).
Marital satisfaction, family emotional expressiveness, home learning
environments, and children's emergent literacy. *Journal of Marriage and Family*.
IF: 2.624.

Pfeiffer, P. N., **Blow, A. J.**, Miller, E., Forman, J., Dalack, G., Valenstein, M. (in press).
Peers and peer-based interventions in supporting reintegration and mental health
among National Guard soldiers: A qualitative study. *Military Medicine*. **IF:** 1.061.

***Cox, R. B., ***Ketner, J., & **Blow, A. J.** (in press). *American Journal of Family
Therapy*. **IF:** 0.455.

***Cox, R., Danelia, K., Larzelere, R., **Blow, A. J.** (2012). Do peers and perceived risk
mediate the association of religiosity with the likelihood and extent of recent
substance use among Venezuelan youth? *International Perspectives in
Psychology: Research, Practice, Consultation*, 1(1), 15-31. doi:
10.1037/a0026832. **IF:** none

Blow, A. J., MacInnes, M. D., ***Hamel, J., Ames, B., Onaga, E., ***Holtrop, K.,
***Gorman, L., & Smith, S. (2012). National Guard Service Members Returning
Home After Deployment: The Case for Increased Community Support.

Administration and Policy in Mental Health and Mental Health Services Research, 39, 383-393. DOI 10.1007/s10488-011-0356-x. **IF:** 2.242.

***Downs, K., & **Blow, A. J.** (Early View Online, September 2011). A substantive and methodological review of family-based treatments for eating disorders: The last twenty years of research. *Journal of Family Therapy*. **IF:** 0.838.

Bay, E., **Blow, A. J.**, & Xie, Y. (2012). Interpersonal relatedness and psychological functioning following Traumatic Brain Injury (TBI): Implications for marital and family therapists. *Journal of Marital and Family Therapy*, 38, 556-567. **IF:** 1.309.

Blow, A. J., Davis, S. D., & Sprenkle, D. H. (2012). Therapist worldview matching: Not as important as matching to clients. *Journal of Marital and Family Therapy*, 38, 13-17. **IF:** 1.309.

Ames, B., Smith, S., ***Holtrop, K., **Blow, A. J.**, ***Hamel, J., MacInnes, M., Onaga, E. (2011). Linking services for National Guard families: The vital role of Extension. *Journal of Extension*, 49 (5). **IF:** none.

Blow, A. J., Swiecicki, P., Haan, P., Osuch, J. R., Symonds, L. L., Smith, S. S., Walsh, K., & Boivin, M. J. (2011). The emotional journey of women experiencing a breast abnormality. *Qualitative Health Research*, 21 (10), 1316-1334. DOI: 10.1177/1049732311405798. **IF:** 2.432.

***Larner, B. A. & **Blow, A. J.** (2011). A Model of meaning-making coping and growth in Combat Veterans. *Review of General Psychology*, 15 (3), 187-197. **IF:** 2.200.

Symonds, L. L., Yang, L., Mande, M. M., Mande, L. A., **Blow, A. J.**, Osuch, J. R., Boivin, M. B., Giordani, B., Haan, P. S., Smith, S. S. (2011). Using pictures to evoke spiritual feelings in breast cancer patients: Development of a new paradigm for neuroimaging studies. *Journal of Religion and Health*, 50, 437-446. **IF:** 0.780.

***Cox, R. B., Burr, B., **Blow, A. J.**, & Parra Cardona, J. R. (2011). Latino adolescent substance use in the United States: Using the bioecodevelopmental model as an organizing framework for research and practice. *Journal of Family Theory & Review*, 3, 96-123. **IF:** none (new journal).

Burnett-Zeigler, I., Valenstein, M., Ilgen, M., **Blow, A. J.**, ***Gorman, L.A., & Zivin, K. (2011). Civilian employment among recently returning Afghanistan and Iraq National Guard Veterans. *Military Medicine*, 176, 639-646. **IF:** 1.061.

Burnett-Zeigler, I., Ilgen, M., Valenstein, M., Zivin, K., ***Gorman, L., **Blow, A. J.**, Duffy, S., & Chermack, S. (2011). Prevalence and correlates of alcohol misuse among

- returning Afghanistan and Iraq Veterans. *Addictive Behaviors*, 36, 801-806. **IF:** 2.522.
- ***Distelberg, B., & **Blow, A. J.** (2011). Variations in family system boundaries. *Family Business Review*, 24 (1), 28-46. **IF:** 3.472.
- ***Gorman, L., **Blow, A. J.**, Ames, B., & Reed, P. (2011). National Guard families after combat: Mental health, use of mental health services, and perceived treatment barriers. *Psychiatric Services*, 62, 28-34. **IF:** 3.025.
- ***Distelberg, B. D., & **Blow, A. J.** (2010). The role of values and unity in family businesses. *Journal of Family and Economic Issues*, 31, 427-441. **IF:** none.
- ***Worth, J., & **Blow, A. J.** (2010). A survey of the attitudes and practice experiences of home-based practitioners. *Contemporary Family Therapy*, 32, 459-474. doi: DOI 10.1007/s10591-010-9122-6. **IF:** none.
- Dalack, G. W., **Blow, A. J.**, Valenstein, M., ***Gorman, L., Spinner, J., Marcus, S., Kees, M., McDonough, S., Greden, J., Ames, B., Francisco, B., Anderson, J. R., Bartolacci, J., & Lagrou, R. (2010). Working Together to Meet the Needs of Army National Guard Soldiers: An Academic-Military Partnership. *Psychiatric Services*, 61, 1069-1071. **IF:** 3.025.
- Greden, J. F., Valenstein, M., Spinner, J., **Blow, A. J.**, ***Gorman, L. A., Dalack, G. W., Marcus, S., & Kees, M. (2010). Buddy-to-Buddy, a citizen soldier peer support program to counteract stigma, PTSD, depression, and suicide. *Annals of the New York Academy of Sciences*, 1208, 90-97. doi: 10.1111/j.1749-6632.2010.05719.x. **IF:** 2.997.
- ***Cox, R. B., **Blow, A. J.**, Maier, K. S., Parra Cardona, J. R. (2010). Covariates of substance use initiation for Venezuelan youth: Using a multilevel approach to guide prevention programs. *Journal of Studies on Alcohol and Drugs*, 71, 424-433. **IF:** 2.764.
- ***Tucker-Seeley, R. D., **Blow, A. J.**, Matsuo, H., & Taylor-Moore, R. (2010). Behavioral escape avoidance coping in African American men who have sex with men. *Journal of Gay and Lesbian Social Services*, 22, 250-268. **IF:** none.
- ***Gorman, L. A., Fitzgerald, H., & **Blow, A. J.** (2009). Parental Combat Injury and Early Child Development: A Conceptual Model for Differentiating Effects of Visible and Invisible Injuries. *Psychiatric Quarterly*, 81, 1-21. **IF:** 1.390.
- Blow, A. J.**, Morrison, N. C., ***Tamaren, K., Wright, K., ***Schaafsma, M. & ***Nadaud, A. (2009). Change processes in couple therapy: An intensive case analysis of one couple using a common factors lens. *Journal of Marital and Family Therapy*, 35, 350-368. **IF:** 1.309.

- Blow, A. J.,** Timm, T. M., & ***Cox, R. B. (2008). The role of the therapist in therapeutic change: Does therapist gender matter? *The Journal of Feminist Family Therapy, 20*, 66-86. **IF:** none.
- ***Gorman, L. A., & **Blow, A. J.** (2008). Concurrent depression and infidelity: Background, strategies for treatment, and future research. *Journal of Couple and Relationship Therapy, 7*, 39-58. **IF:** none.
- Blow, A. J.,** Sprenkle, D. H., & Davis, S. D. (2007). Is who delivers the treatment more important than the treatment itself? The role of the therapist in common factors. *Journal of Marital and Family Therapy, 33*, 298-317. **IF:** 1.309.
- Sprenkle, D. H. & **Blow, A. J.** (2007). The role of the therapist as the bridge between common factors and therapeutic change: More complex than congruency with a worldview. *Journal of Family Therapy, 29*, 109-113. **IF:** 0.838.
- Blow, A. J.,** ***Hartnett, K. (2005). Infidelity in committed relationships I: A methodological review. *Journal of Marital and Family Therapy, 31*, 183-216. **IF:** 1.309.
- Blow, A. J.,** ***Hartnett, K. (2005). Infidelity in committed relationships II: A substantive review. *Journal of Marital and Family Therapy, 31*, 217-234. **IF:** 1.309.
- Blow, A. J.** (2005). Face it head on: Helping a couple move through the painful and pernicious effects of infidelity. *The Journal of Couple and Relationship Therapy, 4*, 91-102. [This article was also published in a book by Haworth Press titled, *Handbook of the Clinical Treatment of Infidelity*, Edited by Fred Piercy, Katherine Hertlein, and Joseph Wetchler]. **IF:** none.
- Sprenkle, D., & **Blow, A. J.** (2004). Common factors and our sacred models. *Journal of Marital and Family Therapy, 30*, 113-129. **IF:** 1.309.
- Sprenkle, D., & **Blow, A. J.** (2004). Common factors are not islands—they work through models: A response to Sexton, Ridley, & Kleiner. *Journal of Marital and Family Therapy, 30*, 151-158. **IF:** 1.309.
- Blow, A. J.,** & Timm, T. M. (2002). Promoting community through family therapy: Helping clients develop a network of significant social relationships. *The Journal of Systemic Therapies, 21*, 67-89. **IF:** none.
- Blow, A. J.,** & Sprenkle, D. H. (2001). Common factors across theories of marriage and family therapy: A modified Delphi study. *Journal of Marital and Family Therapy, 27*, 385-402. **IF:** 1.309.

Timm, T. M., & **Blow, A. J.** (1999). Self-of-the-therapist work: A balance between removing restraints and identifying resources. *Contemporary Family Therapy*, 21, 331-351. **IF:** none.

Blow, A. J., & Piercy, F. P. (1997). Teaching personal agency in family therapy training programs. *The Journal of Systemic Therapies*, 16, 274-283. **IF:** none.

REFEREED JOURNAL ARTICLES UNDER REVIEW

Walsh, K., Osuch, J., Giordani, B., Khattree, R., Haan, P., Smith, S., Xue, W., **Blow, A. J.**, Swiecicki, P., Symonds, L. L., & Boivin, M. J. (under review). Spirituality as a Predictor of Anxiety and Depression Following Recent Breast Biopsy. *Oncology Nursing Forum*.

Blow, A. J., Ganoczy, D., Kees, M., Valenstein, M., Gorman, L., Fitzgerald, H. E., Marcus, S. & Chermack, S. (under review). Hazardous Drinking and Impact on Family Functioning In the First Two Months Post Deployment among National Guard Veterans.

REFEREED JOURNAL ARTICLES IN REVISION (either a reject or a revise and resubmit decision)

***Gorman, L., **Blow, A. J.**, Kashy, D., Fitzgerald, H., Ames, B., Spira, J., & Valenstein, M. (in revision). Dyadic Adjustment and Psychological Functioning of National Guard Members and their Spouses/Significant Others Following Combat Deployment.

Giordani, B., Osuch, J., Khattree, R., Cusumano, C., Xue, W., Haan, P., Smith, S., **Blow, A. J.**, Symonds, L. L., & Boivin, M. (in revision). Adjustment Following Breast Biopsy: Effects of Outcome and Previous Biopsy History.

***Distelberg, B. D., & **Blow, A. J.** (under review). Family Involvement in Family Businesses: An Examination of Boundaries and Closeness. *Journal of Marital and Family Therapy*.

REFEREED JOURNAL ARTICLES CLOSE TO SUBMISSION

Gorman, L., Bartolacci, J., **Blow, A. J.**, Spira, J., & Valenstein, M. (In Preparation). Civilian and VA providers' intent to protect client confidentiality: Is the mission and Reserve component service members' well-being endangered?

TREATMENT MANUALS

Road to Reintegration Reunion and Reintegration Workshop Manual. (co-editor with Gorman and Wojcik, 2009).

Buddy-to-Buddy Treatment Manual for Returning Veterans. (contributing author, 2009)

BOOK CHAPTERS

Schwartz, R. C., & **Blow, A. J.** (2010). Creating Self-to-Self Intimacy: Internal Family Systems Therapy with Couples. In A. Gurman (Ed.), *Clinical Casebook of Couple Therapy*. (pp. 375-398). New York: Guilford Press.

Timm, T. M., & **Blow, A. J.** (2005). The family life cycle and the Genogram. In M. Cierpka, V. Thomas & D. Sprenkle (Eds.), *Family assessment: Integrating multiple perspectives* (pp. 159-192). Seattle, WA: Hogrefe.

Sprenkle, D. H., **Blow, A. J.**, & Dickey, M. (1999). Common factors and other nontechnique variables in marriage and family therapy. In M. A. Hubble, B. L. Duncan & S. Miller (Eds.), *The heart and soul of change: What works in therapy* (pp. 329-360). Washington, DC: The American Psychological Association.

Blow, A. J. (1998). The Extra Mile: Therapy in a Truck Stop. In F. N. Thomas & T. S. Nelson (Eds.), *Tales from treating families* (pp. 193-196). Binghamton, NY: The Haworth Press.

NON-REFEREED ARTICLES AND PUBLICATION ACTIVITY

Blow, A. J., Ketner, J. S., & Fitzgerald, H. (2012). Effects of visible and invisible parent combat injuries on children. Web publication on the eXtension Military Family Caregiving website: <http://www.extension.org/>

Jarman, C., **Blow, A.J.**, Valenstein, M. (spring 2012). Buddy-to-Buddy: An innovative substitute for family support among at-risk, returning veterans of Iraq and Afghanistan. *National Council on Family Relations Report, FF52, F2-F4.*

Valenstein, M., & **Blow, A. J.** (2009). Service Members tell it like it is: Coming home isn't always easy. *Wolverine Guard, 16.*

Blow, A. J. (2008, March/April). Key considerations for clinicians working with couples and infidelity. *Family Therapy Magazine, 12-14.*

Gorman, L. A., Ames, B. D., **Blow, A. J.**, & Anderson, J. R. (2006). National Guard and army reserve families: Unique work and family challenges. *National Council on Family Relations Report, 51, F5-F6.*

Blow, A. J. (Fall 2004). Tips from faculty. *Center for Teaching Excellence Notebook*, 7 (2), 4.

Blow, A. J. (Spring 2001). The supervisory alliance: As important as the therapeutic alliance. *MAMFT News*, 21, 6-7.

Served as the co-editor for the Texas Family Therapy Student Association newsletter – In Process.

GRANT ACTIVITY

PENDING:

Flinn Foundation – SBHP grant.

FUNDED:

2012-2015	Principal Investigator (Lisa Gorman Co-PI)
Project Title:	Risk, Resiliency, and Coping in National Guard Families
Source:	Department of Defense (CDMRP)
Total Costs:	\$1,300,118
2010-2013	Co-Investigator (Marcia Valenstein, PI)
Project Title:	Linking National Guard Veterans with Need to Mental Health Care
Source:	Department of Veterans Affairs
Total Costs:	\$1,099,633
2009-2010	Co-Investigator (Marcia Valenstein, PI)
Project Title:	National Guard Peer Outreach and Linkage to Treatment
Source:	Department of Veterans Affairs (RRP)
Total Costs:	\$150,000
2009-2010	Co-Investigator (Jim Spira, PI)
Project Title:	Predicting Resilience in Wounded Warriors and their Families
Source:	US Department of Army
Total Costs:	\$59,925
2008-2009	Principal Investigator
Project Title:	State of the State Survey: Public Perceptions of Military Families.
Source:	IPPSR - MAPPR/Families and Communities Together (FACT), MSU
Total Costs:	\$40,000
2007-2008	Principal Investigator
Project Title:	Adjustment in National Guard Families
Source:	Families and Communities Together (FACT), MSU

Total Costs: \$25,000

2007-2008 Principal Investigator
Project Title: Adjustment in National Guard Families
Source: Michigan National Guard Family Fund
Total Costs: \$6,000

2006-2009 Co-Investigator (Michael Boivin, PI)
Project Title: Breast Cancer Disease and Treatment: Modeling the Relationships
among Spiritual and Emotional Well-Being
Source: Templeton Foundation
Total Costs: \$999,979

2001-2005 Principal Investigator
Project Title: Progress Research in Couple Therapy
Source: Saint Louis University Graduate School
Total award: Three half time graduate assistantships

2001 Principal Investigator
Project Title: The Effectiveness of Internal Family Systems Therapy with Patients
Diagnosed With Anorexia Nervosa: A Pilot Study
Source: Beaumont Faculty Development Fund
Total Award: \$3,388

NOT FUNDED:

2012 - 2014 Principal-Investigator
Project Title: Testing the Initial Efficacy of a Couple Therapy Intervention for the
Military
Source: National Institutes of Mental Health, R34 Mechanism
Total Costs: \$450,000 direct costs requested.

2012-2017 Principal Investigator (with Lisa Gorman)
Project Title: Children's Adaptations to National Guard Parental Deployment
Source: National Institutes of Health, R01 Mechanism
Total Costs: \$2,540,484.00

2011 - 2016 Co-Investigator (Marcia Valenstein, PI)
Project Title: Enhancing Well-Being Among National Guard Solders: Peer versus
Provider Outreach
Source: National Institutes of Health, R01 Mechanism
Total Costs: 2,757,584.00 direct costs requested, MSU subcontract direct costs
\$ 81,287.

2010 Co-Principal Investigator (with Michael Boivin)

Project Title: Enhancing Breast Cancer Quality of Life: Psychosocial & Cognitive Interventions
Source: National Institute of Health/NIH (RC4 Challenge Grant)
Total Costs: \$2,217,294

2009
Project Title: Co-Investigator (Michael Boivin, PI)
Psychotherapy and cognitive rehabilitation in newly diagnosed breast cancer women
Source: National Institute of Health/NIH (Challenge Grant)
Total Costs: \$499,999

2009
Project Title: Principal Investigator (with Marcia Valenstein)
Using Peer Outreach to Link National Guard Veterans with Mental Health Needs to Care
Source: National Institute of Mental Health/NIH (RO1)
Total Costs: \$2,309,875

2008
Project Title: Principal Investigator
A Randomized Trial Testing the Efficacy of an Emotion-Focused Family-Based Intervention for PTSD among National Guard Soldiers
Source: Department of Defense
Total Direct Costs: \$1,156,221
Total Costs: \$1,715,198

2007
Project Title: Principal Investigator
Adapting Structural Ecosystems Therapy to HIV/AIDS Infected South African Women
Source: National Institute of Mental Health/NIH (K01 award)
Total Costs: \$754,369

2007
Project Title: Principal Investigator
Adapting Structural Ecosystems Therapy to HIV/AIDS Infected South African Women
Source: National Institute of Mental Health/NIH (K01 award)
Total Costs: \$740,843

2007
Project Title: Principal Investigator
A Randomized Trial Testing the Efficacy of an Emotion-Focused Family-Based Intervention for PTSD among National Guard Soldiers
Source: Department of Defense
Total Direct Costs: \$1,361,619
Total Costs: \$2,005,299

2006
Principal Investigator

Project Title: Understanding HIV/AIDS Transmission and Prevention: Using the Longitudinal Study Engine to Study Anonymously and Longitudinally the Sexual Behaviors of Men
Source: IRGP, Michigan State University
Total: \$39,939

2006
Project Title: Principal Investigator
Implementing and Evaluating Functional Family Therapy in South West Detroit
Source: Office of Juvenile Justice and Delinquency Prevention
Total: \$400,000

2006
Project Title: Principal Investigator
Depression in Families in Transition
Source: Blue Cross Blue Shield of Michigan
Total: \$50,032

2006
Project Title: Principal Investigator
Culturally Adapting Effective Family Therapy
Source: Families and Communities Together (FACT), MSU
Total: \$49,910

NON-FUNDED RESEARCH ACTIVITY

2000 to 2005 **Principal Investigator:** An Analysis of Therapeutic Change Processes in Couple Therapy. A mixed-method study that retrospectively examined change in couple therapy.

1998 to 1999 **Principal Investigator:** Dissertation titled Common Factors across Theories of Marriage and Family Therapy: A Modified Delphi Study.

1998 to 1998 **Co-operative Extension Research Assistant: Purdue University.** Did research on fathers and welfare reform with the "It's My Child Too" extension-training program.

1996 to 1997 **Research Assistant: Purdue University.** Content analyses of research articles related to the cost-effectiveness of family therapy.

DOCTORAL DISSERTATIONS MENTORED TO COMPLETION

Lori Hoisington. (2011). *Family paradigms and human emotions*. Current position: Instructor, Human Development and Family Studies, Michigan State University.

- Chandra Sproles (co-mentored with Deborah Johnson). (2010). *The relationship between sexual abuse and HIV risk related behaviors in young African American men who have sex with men*. Current position: Supervisor of Program Initiatives, Sinai Urban Health Institute, Chicago, IL
- Brian Distelberg. (2009). *Family Owned Businesses: An Examination of Structure, Family Dynamics, and Values*. Current position: Assistant Professor, Loma Linda University.
- Lisa Gorman (co-mentored with Barbara Ames). (2009). *Dyadic Factors Associated With Post-Deployment Adjustment for National Guard Couples*. Current position: Research Associate, University Outreach and Engagement, Michigan State University.
- Linda Doxtator. (2007). *A Critical Theory Study of Mental Health and Sociological Problems Within First Nations Communities As Perceived by the Rosebud Lakota Sioux*. Current position: Executive Director: First Nations Counseling Ministries.
- Ronald Cox. (2007). *Toward an Eco-Developmental Theory of Adolescent Substance Use in Venezuela*. Current position: Assistant Professor and Extension Specialist, Department of Human Development and Family Science, Oklahoma State University.
- James Gerber. (2004). *The Development of Sexual Aggression: The Perpetrator's Perspective*. Current position: Lead Therapist, Castlewood Treatment Center for Eating Disorders.
- Joseph Worth. (2004). *Home-based therapy: A survey of the attitudes and perceptions of home-based practitioners*. Current position: Chair and Professor, Counseling Department, Saint Louis Community College.
- Pamela Shifter. (2004). *Effective components of treatment: Perspectives of the adult male sex offender and his therapist*. Current position: Private Practice, St. Louis, Missouri.
- Twana Cooks Allen. (2004). *The mental health treatment of sexually abused African American females: A phenomenological study*. Current position: Private Practice, St. Louis, Missouri.
- Catherine Milner. (2003). *Every father is a son: A qualitative study of the meaning fathers give to the experience of fathering*. Current position: Private Practice, St. Louis, Missouri; Adjunct Faculty, Saint Louis University.
- Timothy Dalaviras. (2001). *Coping with an academic stressor among college athletes and non-athletes*. Current position: Private Practice, St. Louis, Missouri.

MASTERS THESIS MENTORED TO COMPLETION

Reginald Tucker. (2002). *Double Minority Status: Coping in African American men who have sex with men*. Current position: Postdoctoral Fellow. Department of Society, Human Development, and Health. Harvard School of Public Health

EDITORIAL BOARDS

Editorial Board: *The Journal of Marital and Family Therapy* (2006-present, several articles each year). 2009 (5 manuscripts); 2010 (1 manuscript). Reviewer of the year, 2010. 2011 (2 manuscripts). 2012 (3 manuscripts).

Contemporary Family Therapy (2000 to present). 2012 (1 review); 2011 (6 reviews); 2010 (3 reviews); 2009 (4 reviews); 2008 (4 reviews); 2007 (2 reviews).

Journal of Couple and Relationship Therapy (2012 to present). 2012 (1 review).

Ad Hoc Referee: *The Journal of Marital and Family Therapy* (2005)

The Journal of Systemic Therapies. (1999, 2006, 2007, 2008, 2009).

The American Journal of Evaluation (2007, 2008)

Journal of Social and Personal Relationships (2008)

American Journal of Community Psychology (2008, 2009)

AIDS Care: Psychological and Socio-medical Aspects of AIDS/HIV (2008)

The Joint Learning Initiative report on Children and HIV/AIDS (2008).

The Journal of Couple and Relationship Therapy. (2009).

Qualitative Health Research (2010). (reviewed article 2/2011; 6/2011; 6/2011; 9/2011; 10/2011).

Sexuality and Culture (2011). Reviewed one manuscript in 2011.

The Journal of Family Theory and Review. Reviewed one manuscript in 2011; one in 2012.

Journal of Family Therapy (one manuscript in 2012).

Journal of Substance Abuse Treatment (one manuscript in 2012).

Oncology Nursing Forum (two manuscripts in 2012).

UNIVERSITY TEACHING EXPERIENCE

**8/2005 to Present Michigan State University
Department of Human Development and Family Studies**

FCE 470 730 – Building and Maintaining Lasting Intimate Couple Relationships. Taught online. Summer 2010.

Child/Adolescent Psychiatry Residency Program, Seminar. Spring 2009. Taught two of four seminars on family therapy offered by couple and family therapy faculty to MSU Psychiatry residents.

FCE 902 – Advanced MFT Theories: Common Factors. Spring 2010.

FCE 902 – Advanced MFT Theories: Couple Therapy. Taught online. Spring 2010.

FCE 902 – Advanced MFT Theories: Transgenerational Therapy. Spring, 2009.

FCE 445 – Human Sexuality in the Family. Summer 2008; Fall 2009.

FCE 848 – Divorce and Remarriage Interventions; Spring 2008.

FCE 894/993 – Clinical practicum and Internship. Fall 2005; Spring 2006; Fall 2006; Spring 2007; Fall 2007.

FCE 831 – Treatment Processes in MFT. Fall 2006, Fall 2007, Fall 2008. An introduction to the field of couple and family therapy. A course focused on clinical skills.

FCE 832 – Ethics, Law, and Professional Development in MFT. Spring 2007. A course focused on the learning ethical and legal issues related to the practice of couple and family therapy.

1999 to 2005

**Saint Louis University
Department of Counseling and Family Therapy**

CFTI 530 – Counseling Theory and Practice (Fall 1999; Fall 2001). This master's level course is an overview of the major theories of counseling and therapy.

CFTI 532 – The Theory and Practice of Group Counseling (Spring 2000; Summer 2000). This is an experientially focused master's level course on the theory and methods of group counseling.

CFTI 545 – Internship in Counseling (Spring 2003). This class provides a forum for master's level students to process experiences at their internship sites.

CFTI 650 – Internal Family Systems Therapy (Summer 2004). A graduate course focused on intensive training in Internal Family Systems Therapy.

CFTI 672/673/674 – Doctoral Practicum (Fall 1999; Spring 2000; Summer 2000; Fall 2000; Summer 2002; Summer 2003; Fall 2003). This course consists of practical training of therapists using live and videotape supervision, group interaction, and some didactic instruction.

CFTI 665 – Advanced Family Therapy (Spring 2001). A doctoral level course focused upon advanced, in-depth, and complex change processes in families.

CFTI 666 – Introduction to Family Studies (Summer 2001; Summer 2002; Summer 2004). A course focused on family systems theory with an emphasis on developmental stages and transitions of family systems.

CFTI 670 – Couple Interaction and Therapy (Spring 2002; Spring 2004). A course focused on current cutting-edge theory and practice related to couple therapy.

CFTI 671 – Family Systems Theory and Therapy (Fall 2001; Fall 2002; Fall 2003; Fall 2004). This course provides an overview of the foundations and major theories of family therapy.

CFTI 676 – Family Issues in Counseling (Spring 2001; Spring 2002; Spring 2003; Spring 2004). A course focused on the major issues currently experienced by families, with a focus on implications for family therapy.

CFTI 682 – The Self in Theory and Therapy (Spring 2003; Spring 2005). This class is the capstone course in the doctoral program in counseling and family therapy at Saint Louis University. Focuses on the professional and personal development of therapists and the impact of self on change in client systems.

CFTI 685/686/687 – Clinical Supervision (Fall 1999 - 2005). Provide clinical supervision, training, and support for masters and doctoral level students.

CFTI 697 – Research Topics in Counseling and Family Therapy (Fall 2000; Fall 2002; Fall 2004). An advanced doctoral level seminar focused on research in counseling and family therapy with a special emphasis on outcome research.

1997 to 1998

Purdue University
Department of Child Development and Family Studies
Teaching Assistant

CDFS 430 – Human Sexuality and Family Life (Spring 1998). An undergraduate course focused on human sexuality as it relates to individual and family development.

CDFS 667/669 (two separate courses) – Marriage and Family Therapy Practicum (Fall, 1997). Served as student supervisor in the practical training of therapists for two clinical practica. Provided supervision; instruction in theory; self-of-the-therapist work; and practical training experiential exercises. Provided 8-12 hours of supervision weekly.

PRESENTATIONS

INTERNATIONAL PRESENTATIONS

Valenstein, M., **Blow, A. J.**, Kees, M., & Gorman, L. (2012). Barriers to Care in a Midwestern Guard Organization: Changes Over Time. *International Society for Traumatic Stress Studies, Annual Meeting*.

Spira, J., Gorman, L., **Blow, A. J.**, Valenstein, M., & Kees, M. The Effects of Wounds of War on Family Functioning in a National Guard Sample. 2011 International Research Symposium on Military Families hosted by the Military Family Research Institute. Indianapolis, Indiana. Also, was an invited moderator for one of the four sessions at this conference involving leading military family researchers from around the world.

Blow, A. J., Kees, M., Ganoczy, D., Gorman, L., Valenstein, M., Marcus, S., Chermack, S. (2010). *The relationship between hazardous alcohol use and family functioning in National Guard service members and spouses*. 2010 International Research Symposium on Military Families hosted by the Military Family Research Institute. Indianapolis, Indiana.

Distelberg, B., & **Blow, A. J.** (2010). *An examination of communication and family dynamics in family owned businesses*. Family Enterprise Research Conference. Cancun Mexico.

Sprenkle, D. H., & **Blow, A. J.** (4/1999). *Common factors in theories of marriage and family therapy*. Presented at The International Family Therapy Association XIth World Congress. Akron, Ohio.

NATIONAL CONFERENCE PRESENTATIONS

Ketner

Zomerlei, D., Blow, A. J., Boivin, M., Osuch, J., Symonds, L., Haan, P., Giordani, B. Smith, S. (2011). *Effective Partner Support for Women with a Breast Cancer Scare*. Paper presented at the National Council on Family Relations 73rd Annual Conference, Orlando, FL.

Timm, T. M., & Blow, A. J. *Working with intense emotions in affair recovery*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Fort Worth, Texas.

Blow, A. J. (2011). *The Current state of MFT and research needs*. Presentation at the MFT doctoral summit for educators. Fort Worth, Texas.

Froyen, L.C., Skibbe, L. E., **Blow, A. J.**, Bowles, R. P., & Gerde, H. K. (April, 2011). *The Influence of Marital Satisfaction, Emotional Expressivity and the Home Learning Environment on Children's Academic Outcomes*. Poster to be presented at the 2011 Biennial Meeting of the Society for Research in Child Development, Montreal, Ontario.

Cordova, D., Parra-Cardona, J. R., **Blow, A. J.**, Carolan, M., Johnson, D., Fitzgerald, H.E. (2010, October). *Exploring substance abuse in Hispanic adults with physical disabilities*. Paper presented at the annual meeting of the National Hispanic Science Network on Drug Abuse (NHHS). Paper selected for New Investigators Panel. New Orleans, LA.

McKee, K. S., **Blow, A. J.**, Osuch, J., Boivin, M., Haan, P., & Symonds, L. (2010). *Breast cancer and the family: A guide for MFTs*. Poster presented at the

American Association for Marriage and Family Therapy Annual Conference.
Atlanta, Georgia.

Willerton, E., **Blow, A. J.**, Chawla, N., Huebner, A. J., & Watts, J. B. (2010). *Treating military families: Research & implications*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Atlanta, Georgia.

Blow, A. J., & Timm, T. M. (2010). *Marriages under strain: Effectively treating infidelity*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Atlanta, Georgia.

Bertolino, R., **Blow, A. J.**, & Timmons, S. E. (2010). *Strengthening the alliance in couple and family therapy*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Atlanta, Georgia.

Bay, E., & **Blow, A. J.** (2010). *Interpersonal relatedness and psychological function following mild-to-moderate traumatic brain injury*. Paper presented at the Eighth World Congress on Brain Injury, Washington, DC.

Froyen, L. C., Skibbe, L. E., **Blow, A. J.**, Bowles, R. P., & Gerde, H. K. (2010). *The role of marital satisfaction and family emotional expressiveness on the home learning environment and children's academic outcomes*. Poster presented at the National Council on Family Relations 72nd Annual Conference, Minneapolis, MN.

McKee, K., & **Blow, A. J.** (2010). *Proposed model of decision making for genetic testing in families*. Poster presented at the National Council on Family Relations 72nd Annual Conference, Minneapolis, MN.

McKee, K. S., **Blow, A. J.**, Osuch, J. R., Symonds, L. L., Haan, P. S., Smith, S., Giordani, B., & Boivin, M. J. (2010). *The medical experiences of women living with breast cancer compared to women with a benign diagnosis*. Poster presented at the 35th Annual National Wellness Conference, Stevens Point, Wisconsin.

Cusumano, T. M., Giordani, B., Osuch, J. R., Khattree, R., Smith, S., Haan, P.S., **Blow, A. J.**, Symonds, L.L., Xue, W., Boivin, M. J. (2010). *One-year changes in spirituality in women with breast cancer according to treatment severity*. Poster presented at the 11th annual American Society of Breast Surgeons. Las Vegas, Nevada.

Giordani, B., Osuch, J. R., Cusumano, C. M., Smith, S. S., Haan, P. S., Khattree, R., Symonds, L.L., Xue, W., **Blow, A. J.**, Boivin, M. J. (2010, April). *Previous biopsy history and histopathological outcome affect cognition and quality of life following breast biopsy*. Poster presentation at the 62nd annual meeting of the American Academy of Neurology. Toronto, ON.

- Sproles, C., Miller, R., McNall, M., & **Blow, A. J.** (2010). *Sexually abused African American gay men and their HIV risk*. Poster presentation at the National Summit on Interpersonal Violence and Abuse Across the Lifespan. Dallas, Texas.
- McKee, K. S., **Blow, A. J.**, Osuch, J. R., Boivin, M. J., Giordani, B., Symonds, L. L., Swiecicki, P., Walsh, K. B., Haan, P. S., & Smith, S. (2009). *Contextual influences on the differences in resilience and coping in women living with breast cancer*. Poster presented at the Collaborative Family Healthcare Association 11th Annual Conference. San Diego, California.
- Blow, A. J.**, & Timm, T. M. (2009). *Making a difference for couples healing from infidelity*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Sacramento, California. (voted one of the top five best presentations at the conference and featured on the AAMFT website).
- Blow, A. J.**, & Gorman, L. (2009). *MFTs making a difference: working with military families*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Sacramento, California.
- Seedall, R., Wampler, K., & **Blow, A. J.** (2009). *A common factors approach to client-treatment matching*. Poster presented at the American Association for Marriage and Family Therapy Annual Conference. Sacramento, California.
- Hamel, J., **Blow, A. J.**, Ames, B., MacInnes, M. D., Smith, S., & Onaga, E. (2009). *A profile of Michigan citizens' perceptions of the Michigan National Guard*. Poster presented at the National Council on Family Relations Annual Conference. San Francisco, California.
- Cox, R. B., Criss, M. M., **Blow, A. J.**, & Harrist, A. W. (2009). (Poster). *Exploring the link between peer relationships and parenting in Venezuelan families: An analysis of mediation effects*. Poster presentation at The Society for Research in Child Development (SRCD).
- Boivin, M. J., Giordani, B., Osuch, J. R., Smith, S., Haan, P. S., Khattree, R., **Blow A. J.**, & Symonds, L. L. (2008). *Quality of Life effect of breast cancer diagnosis and treatment*. Poster session presented at the Association for Psychological Science Annual Conference in Chicago, IL.
- Boivin M. J., Giordani, B., Osuch, J. R., Smith, S., Haan, P. S., Khattree, R., **Blow, A. J.**, Symonds, L. L. (2008, April). *Cognitive issues in women newly diagnosed with breast cancer*. Poster session presented at the American Academy of Neurology Annual Conference in Chicago, IL.

- Smith, S., Haan, P.S., Giordani, B., Osuch, J. R., Khattree, R., **Blow, A. J.**, Symonds, L. L., & Boivin, M. J. (2008). *Cognitive impairment in women newly diagnosed with breast cancer*. Poster session presented at the International Neuropsychological Society Annual Conference in Waikoloa, HI.
- Redburn, K., & **Blow, A. J.** (2008). *The role of family in eating disorders: Etiology, treatment, and prevention*. Poster presentation at the National Council on Family Relations annual conference, Little Rock, AR.
- Gorman, L.A., **Blow, A. J.**, Ames, B., Reed, P., & Anderson, J. (2008). *Perceptions of mental health care services among National Guard families*. Poster symposium at National Council on Family Relations, Little Rock, AR.
- Fitzgerald, H. E., Gorman, L., **Blow, A. J.**, & Campbell, P. (2008). *The Road to Reintegration for soldiers*. Workshop presented at the National Association of State Universities and Land-Grant Colleges (NASULGC) Annual Meeting.
- Cox, R., **Blow, A. J.**, Maier, K., & Parra, J. (2008). *Youthful drug use in Venezuela: A contextual approach to age of first use*. Poster presentation at the National Hispanic Science Network annual conference. Washington, DC.
- Blow, A. J.**, & Timm, T. M. (2007). *Healing from infidelity: An Attachment based approach*. Workshop presented at the American Association for Marriage and Family Therapy Annual Conference. Long Beach, California.
- Blow, A. J.**, & Distelberg, B. (2007). *Common factors in four evidence-based family therapy treatments*. Pre-conference institute presented at the American Association for Marriage and Family Therapy Annual Conference. Long Beach, California.
- Cox, R., & **Blow, A. J.** (2007). *Culturally sensitive prevention for adolescent drug abuse in Venezuela*. Poster presented at the National Council on Family Relations Annual Conference. Pittsburg, PA.
- Blow, A. J.**, Ames, B. D., Gorman, L. A., Reed, P. L., & Anderson, J. R. (2007). *National Guard families: post-deployment adjustment*. Poster presented at the National Council on Family Relations Annual Conference. Pittsburg, PA.
- Blow, A. J.**, & Distelberg, B. (2006). *Common Factors in four evidence-based family therapy approaches*. Workshop presented at the National Council on Family Relations Annual Conference. Minneapolis, MN.
- Blow, A. J.**, Morrison, N. C., Pettinelli, J. D., Clemson, K., & Sessions, L. (2005). *An analysis of change processes in under-represented couples*. Presented at the American Association for Marriage and Family Therapy Annual Conference. Kansas City, Missouri.

- Blow, A. J., Morrison, N. C., Wright, K. A., Schaafsma, M. C., & Van Gundy, A. E.** (2003). *Progress research and change processes in couple therapy*. Presented at the American Association for Marriage and Family Therapy Annual Conference. Long Beach, California.
- Blow, A. J.** (2003). *The therapeutic alliance in Internal Family Systems Therapy*. Presented at the Internal Family Systems annual conference. Chicago, IL.
- Sprenkle, D. H., & **Blow, A. J.** (2000). *Common factors: Implications for training and practice*. Presented at the American Association for Marriage and Family Therapy Annual Conference. Denver, Colorado.
- Blow, A. J.** (2000). *Common factors and theories of marriage and family therapy: A historical problem that impacts training and practice*. Presented at the National Council on Family Relations Annual Conference. Minneapolis, MN.
- Blow, A. J., & Sprenkle, D. H.** (1998). *Common Factors in theories of marriage and family therapy*. Presented at the American Association for Marriage and Family Therapy Annual Conference. Dallas, TX.

STATE CONFERENCE PRESENTATIONS

- Blow, A. J. (2012). *Treating Infidelity*, presented at the Michigan Association for Marriage and Family Therapy annual conference.
- Blow, A. J. (2011). *Family Therapy for Treating Eating Disorders*, presented at the Michigan Association for Marriage and Family Therapy annual conference.
- Larner, B., & **Blow, A. J.** (2010). *A model of meaning making and growth after combat trauma in wartime veterans*. Poster presented at the Michigan Association for Marriage and Family Therapy Annual Conference, East Lansing, Michigan.
- Blow, A. J.**, & Robbins, N. (2010). Working with the military: What you need to know to do effective work with veterans and their families. Lansing Michigan.
- Blow, A. J.**, Dube, P., & Robbins, N. (2009). Working with the military: What you need to know to do effective work with veterans and their families. Bay City Michigan.
- Blow, A. J.**, Gorman, L., & Lathers, R. (2009). *Perspectives on returning home: An overview of national community-based initiatives and the NGMI's Road to Reintegration project*. Michigan Association of Community Mental Health Boards Annual Spring Conference. Kalamazoo, Michigan.
- Gorman, L., **Blow, A. J.**, & Ames, B. (2007). *Adaptation to deployment and reunion of National Guard families*. Poster presentation at the Michigan Association for Marriage and Family Therapy Annual State Conference. East Lansing, Michigan.
- Blow, A. J.**, Morrison, N. C., Sessions, L., & Clemson, K. (2005). *Using formalized session-by-session client feedback in couple and family therapy*. Presentation at the Missouri Association for Marriage and Family Therapy Annual State Conference. St. Louis, MO.
- Blow, A. J.**, Morrison, N. C., & Schaafsma, M. (2004). *Progress research and change processes in couple therapy*. Presentation at the Missouri Association for Marriage and Family Therapy Annual State Conference. St. Louis, MO.
- Pettinelli, J. D., & **Blow, A. J.** (2004). *Reflections on a supervision process: Supervisors and supervisees reflect on their experiences in a practicum/training context*. Presentation at the Missouri Association for Marriage and Family Therapy Annual State Conference. St. Louis, MO.
- Blow, A. J.** (2003). *Common change factors in the process of therapeutic healing in family therapy*. Presentation at the Missouri Association for Marriage and Family Therapy Annual State Conference. St. Louis, MO.

- Blow, A. J.** (2002). *Eating disorders: Working with families*. Presentation at the Missouri Association for Marriage and Family Therapy Annual State Conference. St. Louis, MO.
- Blow, A. J., & Timm, T. M.** (2001). *Internal Family Systems: An overview*. Workshop presented at the Missouri Association for Marriage and Family Therapy State Conference. Springfield, MO.
- Blow, A. J., & Timm, T. M.** (2000). *Internal Family Systems: An introduction*. Presented at the Missouri Chapter of The American Counseling Association Annual Conference in St. Louis, MO.
- Blow, A. J., & Morgan, M.** (1998). *Internal Family Systems: An introduction*. Presented at the Indiana Association for Marriage and Family Therapy Annual Conference. Carmel, IN.

OTHER PRESENTATIONS AND WORKSHOPS

- Zomerlei, D., **Blow, A. J.**, Osuch, J., Symonds, L., Haan, P., Giordani, B., Smith, S., Boivin, M., & Lappan, S. (2012, February). *Experience of partner support for women with a breast cancer scare*. Poster presented at the Michigan State University Women's Health Research Conference. East Lansing, MI.
- Blow, A. J.** (2009). *Working with National Guard Families in Michigan*. Videoconference presentation to researchers and staff at the Military Family Research Institute, West Lafayette, Indiana.
- Jager, K., & **Blow, A. J.** (2009). *From the capitol to the community with Senator Bill Hardiman: May 2009 edition*. TV show talking about the work of marital and family therapists in the state of Michigan.
- Blow, A. J., & Gorman, L.** Resources for returning veterans: Reintegration and creating a community of care. *21st Annual Advances in Psychiatry*. University of Michigan. November 5, 2009.
- Valenstein, M., **Blow, A. J.** *Buddy-to-Buddy program*. *21st Annual Advances in Psychiatry*. University of Michigan. November 5, 2009.
- Blow, A. J.** (2008). *Testimony to Senate Health Committee*, Lansing Michigan in relation to the scope of practice for marital and family therapists in the state.
- Blow, A. J.** (2008). Featured speaker. Michigan Family Impact Seminar. *The journey home: Connecting soldiers, families, and communities*. (with Ames, B., Gorman, L., Reed, P. Anderson, J., and Onaga, E.). Presented to the Senate Committee on Senior Citizens and Veterans Affairs as well as to the House of

Representatives Committee on Military and Veterans affairs and Homeland Security.

- Blow, A. J., Ames, B., & Gorman, L. (2008).** *The journey home: Michigan National Guard Post-Deployment Adaptation.* Lunch and Learn Seminar, Department of Family and Child Ecology.
- Blow, A. J. (2008).** MANA seminar series on HIV/AIDS in Africa. African Studies Center, MSU.
- Blow, A. J. (2008).** Marital infidelity in the news. University Club, Michigan State University.
- Blow, A. J. (2008).** Strategic Partnership Panel Report: South Africa. Brown bag colloquium presented together with other African Center faculty.
- Blow, A. J. (2007).** *The HIV/AIDS pandemic in South Africa: The impact on family systems and the need for family-based interventions to help families negotiate the crisis.* Department of Family and Child Ecology Colloquium.
- Blow, A. J. (2004).** *Preventing eating disorders.* Presentation to students of Florissant Valley Community College.
- Blow, A. J. (2003).** *Research on the effectiveness of family therapy interventions.* Grand Rounds presentation given to Department of Psychiatry at Saint Louis University School of Medicine.
- Blow, A. J. (2001).** *Family therapy with eating disorders.* Presentation at a local conference in St Louis, MO. The conference was hosted by the Castlewood Treatment Center for Eating Disorders and attended by approximately 150 treatment providers from the local area.
- Blow, A. J. & Timm, T. M. (2001).** Two-week series of miscellaneous presentations in Russia on the topics of family violence, family therapy, sex education, and volunteer work. Presented together with faculty from Saint Louis University and Southern Illinois University. Presented in the Russian cities of Samara, Togliatti, and Octobrust. Audience consisted primarily of medical doctors, psychologists, psychotherapists, and educators.
- Blow, A. J., & Timm, T. M. (12/2000).** *Internal Family Systems: An introduction.* Three-hour workshop presented to the treatment staff at The Castlewood Treatment Center for Eating Disorders. Ballwin, Missouri.
- Blow, A. J. (5/1998).** *What Do We Know About Young Dads?* Presented as a component of the "It's My Child Too" training program. Purdue University Center for Families and Cooperative Extension Service. West Lafayette, Indiana.

Blow, A. J. (1997). *Families in the 1990s*. Temple Israel, Lafayette, Indiana.

Blow, A. J. (1997). *Internal Family Systems: An overview*. Family Services, Inc. Lafayette, IN.

Blow, A. J. (2/1997). *Internal Family Systems*. Purdue MFT Program Pro-Seminar.

Blow, A. J. (1/1997). *Spirituality and Therapy*. Purdue MFT Program Pro-Seminar.

CLINICAL EXPERIENCE

2005 to Present **Private Practice, East Lansing, MI.** Provide individual, couple, and family therapy.

1999 to 2005 **The Center for Counseling and Family Therapy, Saint Louis University.** On campus clinic of the Counseling and Family Therapy program. Worked as supervisor and therapist to clients. Served as chair of ad-hoc committee that revamped clinic procedures and mission. As department chair, held full responsibility for running of the clinic.

2000 to 2005 **Family Therapist and Consultant, Castlewood Treatment Center for Eating Disorders, Ballwin, Missouri.** Castlewood is a residential treatment facility and day hospital program for individuals needing comprehensive treatment for anorexia nervosa, bulimia nervosa, compulsive overeating, and binge eating disorders. Provided family therapy to families; ran multi-family groups, provided intensive family therapy; and provided consultation with therapists about family therapy related issues with clients.

1999 to 2005 **Private Practice, St. Louis, Missouri.** Provided individual, couple, and family therapy.

1997 to 1999 **Therapist, The Counseling Center, Lafayette, Indiana.** Worked full-time and provided individual, couple, and family.

1996 to 1999 **Private Practice, West Lafayette Indiana.** Provided individual, couple, and family therapy.

1997 to 1997 **Home-Based Therapist, Lafayette, Indiana.** Clinically focused assistantship at Purdue University. Provided in-home family therapy for Head Start families.

- 1996 to 1997** **House Manager. Group Homes for Children. Lafayette, Indiana.** Managed a residential group home for adolescent boys who had been placed by the courts for various reasons. Worked closely with caseworkers and other treatment providers.
- 1995 to 1997** **Clinical Intern, Purdue University, Marriage and Family Therapy Center, West Lafayette, Indiana.** Provided individual, couple, and family therapy for people from the local community.
- 1994 to 1995** **Clinical Intern, Marriage and Family Institute, Abilene Christian University, Abilene, Texas.** Provided individual, couple, and family therapy for people from the local community.

SERVICE

PROFESSIONAL SERVICE

- 2012** **Reviewer, book chapter for peer-reviewed book.** *Military Families*, edited by Shelley MacDermid Wadsworth.
- 2012-2015** **Elected member of the Board of Directors (Secretary), The American Association for Marriage and Family Therapy.**
- 2009** **Reviewer, book chapter for peer-reviewed book.** *Military Families Under Stress*, edited by Shelley MacDermid Wadsworth and David Riggs.
- 2009-present** **Member of the Advisory Council of the Military Family Research Institute (MFRI) at Purdue University.**
- 6/2009** **External Dissertation Examiner. Swinburne University of Technology, Australia.** Dissertation titled *On the Nature of Expertise in Family Therapy* by Sophia Bilicki Holmes.
- 2008, 2009** Reviewer of Abstracts for the NCFR annual conference.
- 2007 to 2009** **Elections Council, Family Therapy Section, National Council on Family Relations.** Elected position.
- 2004 to 2005** **Annual Conference Planning Committee.** Served on the organizing committee for the 2005 Missouri Association for Marriage and Family Therapy Annual Conference.
- 2004 to 2005** **Treasurer.** Missouri Association for Marriage and Family Therapy.

- 2001 to 2003** **Chair, Elections Committee.** Missouri Association for Marriage and Family Therapy.
- 2001 to 2002** **Annual Conference Planning Committee.** Served on the organizing committee for the 2002 Missouri Association for Marriage and Family Therapy Annual Conference.
- 2001** **AAMFT Leadership Conference.** Invited to and attended a one-day workshop for prospective leaders at the American Association for Marriage and Family Therapy National Conference in Nashville, Tennessee.

UNIVERSITY SERVICE

- 2009** **Invited Speaker, Meet Michigan, Grayling Michigan.** Traveled with the Meet Michigan seminar to Camp Grayling to expose MSU researchers to research conducted with the Michigan National Guard and their families.
- 2009** **Advisory Group Member, Community Evaluation and Research Collaborative.** University Outreach and Engagement, Michigan State University.
- 2006** **Planning Committee, Integrated Health Clinic.** Michigan State University. Member of committee planning an integrated health clinic that will serve families in Lansing Michigan.
- 2003** **Membership Committee of the Graduate Faculty, Saint Louis University.** Committee reviews applications and recommends faculty to the Dean for graduate instructor, graduate faculty, and graduate faculty with mentorship status.
- 2001** **Graduate Council Committee for Strategic Planning for the Graduate School.** Saint Louis University. Assisted the Dean of the Graduate School in developing a report for the Strategic Plan of the Graduate School.
- 1999 to 2002** **Graduate Council.** Saint Louis University. Communication body between the Graduate School and the university faculty.

COLLEGE SERVICE

- 2007** **Focus Group Participant.** Invited member of focus group talking about strategic planning for the College of Social Science at Michigan State University.
- 2004 to 2005** **Rank and Tenure Committee.** College of Public Service. Saint Louis University.
- 2002 to 2004** **Service and Ethics Committee.** College of Public Service. Saint Louis University.
- 1999 to 2004** **Governance Council.** College of Public Service. Saint Louis University.
- 1999 to 2001** **Curriculum Committee.** College of Public Service. Saint Louis University.
- 1999 to 2001** **Institutional Review Board sub-committee.** College of Public Service. Saint Louis University.

DEPARTMENTAL SERVICE

- 2011-present** **HDFS Administrative Committee**
- 2007 to 2010;**
2011-present **Graduate Education Committee.**
- 2007, 2009, 2010** **Departmental Advisory Committee.**
- 2007** **MFT Graduate Student Admissions Coordinator.** Coordinated interview days and related logistics for new students admitted in fall 2007.
- 2006 to 2007** **Chairperson Search Committee.** Michigan State University. Served on search committee for the new chairperson of the Department of Family & Child Ecology.
- 2006 to 2007** **Faculty Student Affairs Committee.** Michigan State University. Department of Family and Child Ecology.
- 2006-2008** **Qualifying Exam Committee.** Member of the committee that grades qualifying exams.
- 2005-present** **Departmental Advising and Committees.** Michigan State University.

- 1999 to 2005** **Departmental Advising.** Saint Louis University.
- 2004 to 2005** **International Adoption Clinic Committee.** Saint Louis University. Worked on a committee to develop an interdisciplinary clinic that provides services to families that adopt children from countries other than the USA.
- 2004 to 2005** **Faculty Search Committee Chair.** Saint Louis University. Chair of the search committee for the new director of the Center for Counseling and Family Therapy.
- 2004** **Chair, Ad Hoc Committee.** Saint Louis University. Chaired an ad hoc committee focused on planning and development of the departmental clinic, The Center for Counseling and Family Therapy.
- 2003** **Faculty Search Committee Member.** Saint Louis University. Served on a search committee in the Department of Counseling and Family Therapy for one new faculty member.
- 2002** **Bridge Program Committee.** Saint Louis University. Served as a part of a committee that developed a bridge program between School of Social Service and the Department of Counseling and Family Therapy allowing social work students to enter the family therapy doctoral program with advanced standing.
- 2002 to 2005** **COAMFTE Accreditation Committee Member.** Saint Louis University. Committee reviews accreditation standards of the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE).
- 2001** **Faculty Search Committee Member.** Saint Louis University. Served on a search committee in the Department of Counseling and Family Therapy for one new faculty member.
- 2000** **Faculty Search Committee Member.** Saint Louis University. Served on a search committee in the Department of Counseling and Family Therapy for two new faculty members.

COMMUNITY SERVICE

- 11/2010** Living in the *New Normal*: Helping Children Thrive through Good and Challenging Times. Invited to take part in the two-day Military Child Education Coalition planning session coordinated by Brigadier General Burton Francisco and Barbara Levin (spouse of Senator Carl Levin).

11/2008 **Co-signee, Michigan's Military Family and Community Covenant.** Signed covenant related to returning military in ceremony hosted by Lt. Governor John D. Cherry, State Capitol, Lansing, Michigan. In addition to Lt. Governor Cherry, other signees included The Adjutant General (Michigan National Guard), the Assistant Adjutant General, the commander of Michigan Air National Guard, the Governor's Advisor to Homeland Security, the Director of Veteran's Affairs, and a State Senator.

2006 to present **Reintegration workshops for National Guard Service Members.** Volunteer service at weekend-long reunion workshops for National Guard veterans and their families. Run groups, do presentations, and provide input into program development. Participated in workshops at following units/locations/dates:

1. MI NG Det 1 Co C 3/238th AV, Novi, Michigan, 10/2010
2. MI NG 1073rd MT Co & B Co, BSTB, 37th BCT, Traverse City Michigan, 10/2010
3. MI NG 1434th En Co, Traverse City Michigan, 7/2010.
4. MI NG 425 IN, OMLT #2, Traverse City Michigan, 6/2010.
5. MI NG Det 2, Co B 351 ASB, ETT #4, Air National Guard, Battle Creek, MI, 3/2010.
6. MI NG 272nd LMAT RSG Road to Reintegration, Lansing, MI. 9/2009
7. MI NG 1463rd TC, Grand Rapids Michigan, 8/2009.
8. MI NG 1460th TC & Det 1 Co B 238 AV Bn, Midland Michigan, 8/2009.
9. MI NG 126 Press Camp, Kalamazoo, MI. 5/2009.
10. MI NG 63rd Brigade, Grand Rapids Michigan, 4/2009.
11. MI NG Co B, 1-125 INF & Co F-237th FSB, Lansing MI, 3/2009.
12. MI NG HHC & CO A 1-125 INF, Flint, MI. 2/2009.
13. MI NG 1-126 CAV. Traverse City, MI. 1/2009.
14. MI NG 1-126 CAV. Lansing, MI. 1/2009.
15. MI NG 107th Quarter Master in Traverse City, MI. 10/2008.
16. MI NG 177 MP; ETT. Frankenmuth, MI. 8/2008.
17. MI NG 182nd Field Artillery in Lansing, MI. 3/2008.
18. MI NG 144th MP. Lansing, MI. 2/2008.
19. MI NG 46 MP unit. Gaylord, MI. 12/2007.
20. MI NG. 1171st MEDCOM. Traverse City, MI. 12/2007.
21. MI NG. 146 Multiple Medical Battalion Traverse City, MI. 12/2007.
22. MI NG 363rd PSC in Lansing, MI. 11/2007.
23. MI NG 1461st Transportation in Lansing, MI. 10/2007.
24. MI NG 125th Infantry Co Echo in Lansing, MI. 9/2007.
25. MI NG Quarter Master in Lansing, MI. 9/2007.
26. MI NG 3/238 Aviation Co. in Lansing, MI. 5/2007.
27. MI NG 1072nd Co in Detroit, MI. 1/2007.
28. MI NG 125th Infantry Co Bravo in Lansing, MI. 10/2006.

2002 **Internal Family Systems Training Assistant.** Served as assistant trainer in a year-long Internal Family Systems intensive training in St. Louis, MO

2000 to 2002 **United Way Counseling and Support Services Panel.** Volunteer position that involved visiting United Way agencies in the St. Louis area, and making recommendations for agency funding.

ADMINISTRATIVE EXPERIENCE

2005 **Department Chair,** Counseling and Family Therapy. Saint Louis University. Served as department chair for seven months before relocating to a Michigan State University.

1995 to 1996 **Administrative Assistant.** Purdue University. Performed administrative tasks for the Marriage and Family Therapy Program.

PROFESSIONAL ACTIVITIES

MEMBERSHIPS AND CREDENTIALS

2006 to Present **Licensed Marriage and Family Therapist:** Michigan (License number 4101006320).

2000 to 2006 **Licensed Marriage and Family Therapist:** Missouri (License number 2000161502).

2000 to Present **Member:** National Council on Family Relations.

1999 to Present **Clinical Member:** American Association for Marriage and Family Therapy.

1999 - Present **Member:** The Internal Family Systems Association.

1998 to 2002 **Licensed Marriage and Family Therapist:** Indiana (License number 35001410).

2002 to Present **Approved Supervisor.** American Association for Marriage and Family Therapy.

RELEVANT PROFESSIONAL DEVELOPMENT

- 2010** **Emotionally Focused Therapy Externship.** Susan Johnson, Evanston, IL.
- 2008** **Brief Strategic Family Therapy Intensive Training.** Detroit Michigan.
- 2008** **DATIC workshop on Dyadic Data Analysis.** David Kenny and Deborah Kashy. East Lansing, MI.
- 2008** **NIMH Annual International Conference on the Role of Families in Preventing and Adapting to HIV/AIDS.** Providence, RI.
- 2007** **NIMH Annual International Conference on the Role of Families in Preventing and Adapting to HIV/AIDS.** San Francisco, CA.
- 2006** **Hierarchical Linear and Nonlinear Modeling.** The University of Chicago. Three-day intensive course conducted by Steve Raudenbush and Tony Bryk.
- 2006** **Medical Family Therapy Institute.** University of Rochester. Five day intensive training in Medical Family Therapy.
- 2006** **NIMH Annual International Conference on the Role of Families in Preventing and Adapting to HIV/AIDS.** San Juan, Puerto Rico.
- 2005-2006** **Series of workshops at the Center for Statistical Consultation and Research, The University of Michigan**
- Determining Sufficient Sample Size.** One-day workshop.
 Applied Structural Equation Modeling. Four-day workshop.
 Regression Analysis. Two-day workshop.
 Applications of Hierarchical Models. Three-day workshop.
 Logistic Regression. One-day workshop.
 Data Reduction. One-day workshop.
- 2005** **Multivariate Statistical Analysis.** Semester long course on Multivariate methods with Barry Katz, PhD.
- 2003** **Institute on NIH Grant Funding.** Melissa W. Racioppo, PhD.
- 2000** **Teaching Portfolio Retreat.** Attended a two-day Annual Portfolio Retreat for faculty of Saint Louis University hosted by the Reinert Center for Teaching Excellence.
- 1996-1998** **The Family Institute.** Advanced Training in Internal Family Systems Therapy. Two year in-depth training in the Internal Family

Systems model of therapy from Richard Schwartz, Ph.D. Included both theoretical and experiential training.

Revised January 2012